

Flute Association at Florida State University Newsletter



Dear Readers,

As our fall semester draws to a close, it is incredible to think of all the events and accomplishments with the flute studio over the last few months. From recitals, guest artist masterclasses, lectures, and Flute Day, we have all learned and contributed a great deal.

Our successful undergraduate studio recitals in October and November and graduate studio recital in November demonstrated the breadth and skill of all our students. Bravo tutti! We welcomed our guest Venezuelan flutist Raimundo Pineda for masterclasses and a performance of his music by the graduate studio in October. We also hosted Dr. Francesca Arnone from the University of South Florida with a masterclass and a performance with her trio Amici Musicale. A few weeks later, we enjoyed an in-depth lecture from Dr. Julee Kim Walker from Texas A&M University-Commerce.

The FSU Flute Day on November 23rd was an unmitigated success featuring our distinguished and affable guest artist from the Vienna Philharmonic and former pupil of Professor Amsler, Karl-Heinz Schütz. Our second guest Dr. Elizabeth Goode gave a fantastic intonation workshop and conducted a large flute choir reading session. More information about the event is contained inside this issue! We are truly thankful to the FSU Student Government Association for the highest level of support in the Association's history for this year's Flute Day.

As we look forward to spring, we have no shortage of exciting news and events. The Florida Flute Association Convention in January will feature: Raines Ensemble (graduate flute studio), Alan Berquist performing a solo work, five winning masters and undergraduate students in the Advanced Masterclass Competition, and sophomore Jennifer Williams competing in the College Young Artist Competition. We also have many alumni performing and teaching at FFA, including a workshop from Charlene Cannon (BME '08) and Sarah Jane Young (MM '08, DM '15) as a featured gala performer. Professor Amsler and Dr. Large will perform and lead workshops in addition to a performance with Traverso Colore.

We also send our best to Dr. Karen Large with doctoral students Alan Berquist and Adrienne Tedjamulia Read, who will perform and attend the International Low Flutes Festival in Japan in March. Professor Amsler will also be the headlining guest at the Flute Society of Kentucky Flute Festival that same month.

Last, but not least, we look forward to the spring with January guest artists Michelle Stanley from Colorado State University and the Army Fife and Drum Corps. Following that, we welcome international baroque flute specialist extraordinaire Barthold Kuijken in February and the legendary Sir James Galway in March. It has truly been a remarkable year thus far, continuing through to 2020. The Flute Association wishes you a very happy holiday and New Year!

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Your President,
Alan Berquist

Flute Day 2019



Flute studio members and professors pictured with Karl-Heinz Schütz.

OVERVIEW

By Alan Berquist

The FSU Flute Day started on Friday, November 22nd with our first masterclass with Vienna Philharmonic solo principal flutist Karl-Heinz Schütz. His pianist Eliko Akahori graciously filled in for some performers with great success. Schütz also gave two talks, one to Cawthon Hall students and one to the combined orchestras. Adam Workman, from Flutistry Boston, gave an in-depth talk on how to choose a flute for the flute choir and Emanuel Arista also gave a great talk about his flute making history.

The full day of events on the 23rd started with a warm-up from our second guest, Dr. Elizabeth Goode from Valdosta State University. Our exhibit hall was filled with sheet music from Beethoven & Company and flutes from Flutistry Boston and Emanuel Flutes. The second masterclass with Karl-Heinz Schütz followed and we ended the morning with Professor Amsler and Dr. Goode joining Schütz for a panel discussion. Dr. Goode gave a fantastic intonation workshop and a flute



Flute choir reading session led by Dr. Goode

choir reading session with over fifty flutists from the studio as well as visiting students and guests. Doctoral students Adrienne Tedjamulia Read and Alan Berquist presented short topics on body awareness and Dalcroze Eurhythmics and our own Dr. Karen Large led an extended techniques workshop for all attendees, exploring a myriad of special effects. At the end of the day, we were graced with an electric and riveting recital from Karl-Heinz Schütz and his dynamic pianist Eliko Akahori.

GUEST ARTIST KARL-HEINZ SCHÜTZ

By Adrienne Read

Hosting the principal solo flutist of the Vienna Philharmonic Orchestra Karl-Heinz Schütz was such an honor for our Flute Studio, Flute Association, and campus.

As soon as he walked in the room, Mr. Schütz was warm and charming, bringing energy and vitality to the room. In his Q&A session for orchestra members, he shared the history of the Vienna Philharmonic Orchestra and Opera. Sharing the traditions and legacy of the ensembles, students were amazed to hear what it is like playing a concert just about every night of the week.



Schütz with Dr. Large and Professor Amsler



Schütz working with doctoral student Adrienne Read

His energy and engagement with the audience was equally captivating in his solo recital. Alongside his colleague pianist Eliko Akahori, they presented a varied program of works old and new. The *Concertstück* by Joachim Anderson and contemporary piece *deep red / deep blue* by Thomas Larcher highlighted the importance of practicing extended scales as Schütz played with ease and technical facility in all registers. From Bach, Feld, and Poulenc, the recital ended with his own arrangement of Prokofiev's ballet music *Romeo and Juliet Suite, op. 64*. The audience gave enthusiastic applause, matching the energy of the performers.



Schütz performing during his solo recital

FLUTE DAY EXHIBITORS

By Hayden Stephenson

This year for Flute Day, we hosted three incredible exhibitors: Beethoven & Company, Flutistry Boston, and Emanuel Flutes.

Flutistry Boston was founded in 2011 by Adam Workman to assist flutists in finding their perfect instrument “match.” In addition to the several instruments he brought for attendees to try, Mr. Workman also gave a presentation to help flutists make the best of their purchasing experience. During his presentation, Mr. Workman highlighted the importance of recording the trial and listening back because it helps flutists rate the instrument more objectively. My favorite tip from Adam’s presentation was to look for an instrument you can grow into. As we progress as musicians, our sound changes. Choosing a flute that will allow you to continue to develop your sound rather than an instrument that sounds incredible immediately will be better in the long run.



Our second exhibitor, Emanuel Arista, is a flute maker based in Boston. During his presentation, Emanuel shared that he began his journey constructing flutes in Peru in 1974 where he made flute cases with his brother. He later worked with William Bennett, developing a tuning system for his own flutes. Emanuel prides himself in hand-crafting high quality instruments that are built to last. Mr. Arista said that his favorite part of attending flute conventions and fairs is connecting with old friends and meeting new ones, too! Mr.

Arista’s advice to flutists shopping for a new instrument is to be open-minded and to try new things! Mr. Arista advised that when you’re trying new instruments, be sure to try playing piano; if you can play soft, you can play anything!

Our final exhibitor was Claire from Beethoven & Company! Located in Tallahassee, Florida, Beethoven & Company has been working to provide students with easy access to quality musical scores since 1999! In addition to scores, Beethoven & Company also sells batons, music books, educational resources and materials, stands, accessories, and music themed gifts to the musicians of Tallahassee. Beethoven & Company can be found at the College of Music on Tuesdays with supplies available for purchase. Claire shared that her favorite part of events like Flute Day is seeing all levels of musicians excited about music and all things flute! Claire’s advice to flutists visiting the exhibit hall is to take your time and make the most of the event!



Beethoven & Company
a music store
719 N. Calhoun St, Ste E, Tallahassee, FL 32303


**EMANUEL
FLUTES**
BOSTON

Graduating Members of the Flute Association By Emily Eubanks

Becky Needham is completing her Bachelor's with a double degree in Instrumental Music Education and Music Theory. A native of Melbourne, Florida, Becky has served the Flute Association as the Outreach Coordinator for two years (2017-2019). After graduating, Becky will be auditioning to hopefully begin an MM in flute performance next fall! One of the most memorable FA events Becky took part in was an outreach event to the Kearney Center, a local homeless shelter in Tallahassee. The FA organized a non-perishable goods drive throughout the College of Music for a week. A group of members brought the raised goods to the homeless shelter and spent the afternoon performing for them and volunteering with their dinner service. Becky remembers that the music and time they shared made a big impact on everyone's lives there, which made the project so rewarding!



Departing thoughts from Becky: “First and foremost, I would like to thank the teachers who helped me improve as a musician and person. Professor Amsler, Dr. Large, and all of the TA's who have guided me on this journey have been some of the most positive influences in my life during college. Their attention to detail, encouragement to try new things, and compassion when I needed it most allowed me to discover my musical identity and purpose. This studio has meant so much to me during my undergraduate career and is filled with caring individuals who I have been able to depend on in every situation. I'm so grateful to have experienced an organization as special as this one!”

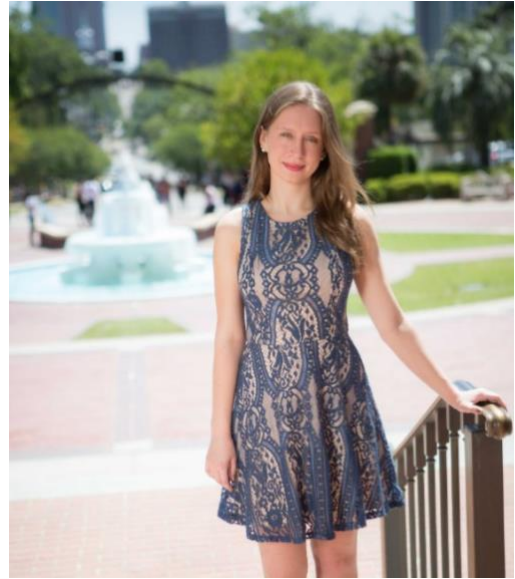


Leigha Nilsen is graduating with a Master of Music degree in Flute Performance. Hailing from Rochester, New York, Leigha's plans after graduation are to apply to medical school. She plans to become a pediatrician and teach flute!

During her time in the FA, Leigha says she especially enjoyed the social events, such as the flute soirées and the holiday socials, as they are a great way to get to know other flutists and have fun!

Departing thoughts from Leigha: “I'd like to thank Professor Amsler for her mentorship and encouragement in both my undergraduate and graduate studies! I am so grateful for her passion for teaching and her endless support that she pours into her students. I would additionally like to thank Dr. Large for her support and kindness during my graduate studies! I enjoyed all of the lessons, discussions, and classes I have taken with both professors and will miss you both once I graduate! My biggest piece of advice to current and future students is to find the area(s) in your field that you are passionate about and always keep pursuing it!”

Laura Papit is finishing a Master of Arts degree in Arts Administration. A native of Fort Lauderdale, Florida, Laura has served the FA as a Web/Social Media Coordinator. After graduating this semester, she plans to move to Atlanta and find a job. (She's already currently applying for arts admin jobs!) Looking back on her six years in the FA, Laura says she's been able to perform for and learn from so many great flutists from around the world thanks to the Flute Association! **Departing thoughts from Laura:** "I'd especially like to thank Professor Amsler for supporting me and helping me reach my goals for all these years, since my first lesson with her in 2013! And thank you to Dr. Large as well for being a great new mentor this past year!"



Congratulations to each of our graduating members! We appreciate all you've contributed over the years and will miss you! Stay in touch and best wishes on your next adventure!

Would you like to contribute to the Newsletter?

Please send questions, comments, articles, and ideas to

Lilly Mauti, Corresponding Secretary at lam18cp@my.fsu.edu.

The Importance of Taking Breaks

By Adrienne Read

I had the honor of presenting a little bit on this topic at Flute Day, and I wanted to write another reminder about it in our FA@FSU newsletter. This time of year can bring a lot of feelings—the stress of finals, the excitement of the holidays. With all that is going on, it can be easy to get lost in the tasks of studying, practicing, online shopping, etc. However, whatever your task is, remember that your body and your brain love to take breaks!

Oxfordlearning.com posted an article I read years ago about the importance of study breaks (<https://www.oxfordlearning.com/study-break-tips/>). The information transfers from study to personal practice quite easily, but I wanted to emphasize one point made in the article. Get moving. Your body was made to move, and the most effective breaks are ones when you can stretch and relieve the physical as well as mental pressure that comes from long stretches of focused work like practicing or studying. Simple is usually better when it comes to stretching in breaks because you don't have to injure yourself by being too eager or intense (you are taking a break after all). Try waving your hands above your head to increase circulation and expand your rib cage or give each one of your ten fingers a little message.

The time “lost” in a break will always be made up in the long-term, protecting yourself against burnout and being overwhelmed. A break will leave you feeling refreshed and energized, allowing yourself to work smarter and not harder. So in the end, developing a skill to take a break and come back to your work will give you more resiliency to tackle whatever project you choose.



Will you be attending the Florida Flute Association 2020 Convention?

The FSU flute studio will have a strong presence at the 44th annual member convention of the Florida Flute Association in Orlando. Current students, professors, and alumni will be in attendance, performing, and teaching in sessions from Friday, January 24 to Sunday, January 26.

The participants of the following events are current FSU students:

"Flute Gems: Music from Brazil and Russia"

Saturday, January 25, 9:00-9:45 a.m., Augusta A/B

Doctoral Student Alan Berquist will perform Paul Juon's *Sonate for flute and piano*

"(Re)Imagining New Music for Flutes: An FNMC Recital"

Saturday, January 25, 5:45-6:30pm, Augusta A/B

Alan Berquist, Devin Glasgow, Adrienne Tedjamulia Read, Haiyang Wang will perform Giordano Maselli's *Kid's Stuff* for flute quartet

"Flute Ensemble Showcase #3"

Sunday, January 26, 9:00-10:30am, Sanibel

Raines Ensemble will perform works by Raimundo Pineda, Juan Bautista Plaza, Peter Senchuk, and Nigel Wood

Sarah Jane Young, an alumni of the FSU flute studio, will be one of two featured Florida guest artists. She is currently on faculty at Bethune-Cookman University and the University of West Florida. She will be performing in the Friday night concert and giving a piccolo master class on Sunday. Join us in congratulating Dr. Young as the featured Florida guest artist at this year's convention!



For a full schedule of events and information on registration visit
<https://floridaflute.org/FFA/convention-2/>

Florida Flute Association, Inc. 

Upcoming Events

Subject to change

Dr. Karen Large Faculty Solo Recital

Tuesday, January 21, 7:30pm, Dohnányi Recital Hall

United States Army Old Guard Fife and Drum Corps

Wednesday, January 22, FSU College of Music

Alan Berquist Doctoral Lecture Recital

Wednesday, January 22, 5:00pm, Longmire Recital Hall

Florida Flute Association Convention

January 24-26, Orlando, FL

Guest Artist Michelle Stanley Masterclass and Recital

Monday, January 27, FSU College of Music

Barthold Kuijken Residency

February 18-24, FSU College of Music

Sir James Galway Guest Artist Masterclass and Evening Concert

Wednesday, March 4, FSU College of Music

Be on the lookout for our next newsletter with more events next semester!



From our family to yours, we wish you a wonderful holiday season!

Contact the FA@FSU!

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